

# GET PAID TO EXERCISE



**is designed to encourage real, lasting health.**

But it's not just a calorie counter. We built it to incentivize you to learn how to practice healthy activities and then build healthy habits.

We also built it so we could pay you. Here's how it works: **burn 1 calorie, earn \$0.01**. Save up \$10, choose from deals on gift cards, discounts on products & services, or deposit it in your bank account!

Now, you can not only log all your activity, but you can get paid real money for every calorie you burn!

**The take-home message is that sustained weight loss can be achieved by financial incentives.**

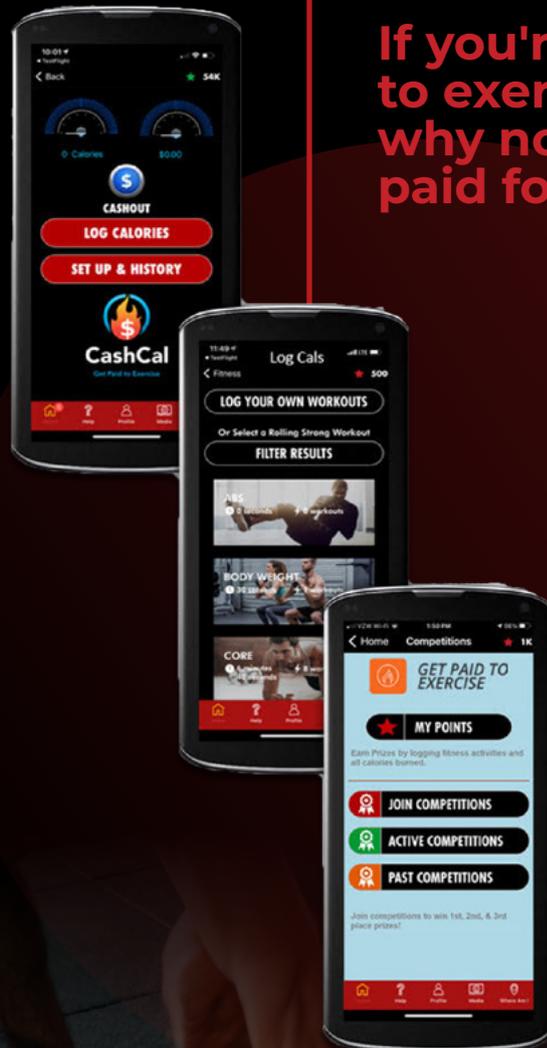
## Mayo Clinic Study.

Enter & compete in Competitions and earn even more cash and prizes, use our guided workout videos, sync up with your wearable device- however you exercise, we're here to pay you for it.

Why? Because diets and fitness resolutions disappear and motivation is hard to maintain. Everyone needs a hand when it comes to achieving their personal health goals.

So our question to you is...

**If you're going to exercise, why not get paid for it?**



## FITNESS

- In-App workouts
- Log own workouts
- Sync wearable workouts and steps
- View workout history
- Find nearby walking trails and fitness locations

## Let's talk features.

The thing about **GET PAID TO EXERCISE** is, we don't just pay you to exercise. We also help you log your everyday activities so you can create long lasting healthy behaviors. By logging your water intake, your meals, the number of hours of sleep, you got last night, and more, you will naturally begin to achieve your health goals. All you've got to do is open the app, log it, and go.

And if you upgrade to **Premium**, you can earn even more every time you log your stats, plus get access to exclusive features like a personalized health plan and guided workouts with one of our Coaches!

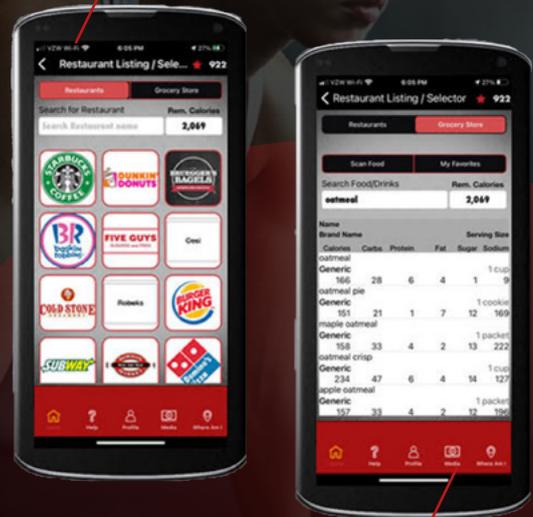
## Let's raise some money- and some heart rates.

With **GET PAID TO EXERCISE** you can feel good and do some good. Here's how: You can donate part (or even all) of your earnings to the charity of your choice right from the app. You can even set up an automatic sustaining donation, so every time you cash out, your charity gets some cash, too.

And for employer groups you can also do things like donate a percentage of the total money your employees earn in your company-wide fitness Competition... that way, everybody wins (and you can offset the cost of the prizes!).

If you're a non-profit or charitable organization, get in touch with us to learn how you can use **GET PAID TO EXERCISE** to raise money from your supporters while they burn some calories in a friendly (and healthy!) competition.

Search here.



...or here to log meals



Water + sleep  
All day, every night.

### Contact – Rolling Strong

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**Health and fitness is better when it feels like a community. And with GET PAID TO EXERCISE, it is.**